

Who do we Follow?

Dear Penfabricans,

There is a famous love song that inspires us to follow the one we love, "I will follow you. Follow you wherever you may go....". These days, many of us are on Facebook, and numerous different social media platforms. We are led to follow many people who amaze us; some are like-minded people while others are celebrities we look up to or some brands or events. Who we follow have an immediate impact on our lives as we look up to them as role models and for solutions to our daily headaches. Slowly but surely, these people exert a big influence on us. Our outlook, attitude and behaviour mimic whom we follow.

Now, let's ponder the real life situation. When we are sober and working in the physical world, who do we follow? Needless to say, whoever we follow has a direct impact on us. Therefore, the question is not whether we follow or do not follow these entities. Rather, the question is, "Are these entities positive ones that bring us good influence? In the cyber world, when we realized that we had followed the wrong people, we will immediately take action to "Unfollow" them. In real life too, we may like to "Unfollow" certain individuals or entities in the same manner. Should we wish to follow someone, why don't we choose to follow ourselves - our own path, our own way of thinking and our desire to do things RIGHT? Follow our heart! Let us have the confidence to be our own leader to find the path to success.

How then do we follow ourselves? Let us first learn and acquire a good nature, an easygoing nature, whereby we make it our purpose in life to constantly think of solutions instead of problems. By doing so, we will become free from the burden of problems. We can then consistently contribute towards making things easier for ourselves and the people surrounding us. Together with our peers, we will create an appropriate atmosphere to bring out the best in all of us. When we believe in ourselves,

we will be able to put a full stop to wasteful thoughts in no time. We will refrain from wasting our time and energy on a web of uncertainty, unproductive questions and negative thinking! Instead, we will become very focused on the task at hand and make the best out of the situation.

Dear Penfabricans, again, who do we follow? Be confident to follow ourselves to bring about better ways to work and greater results. Following others on social media is fun, entertaining, but a huge waste of resources and time. We have better use of our energy to follow righteousness, truthfulness and be action-oriented.

Have a wonderful weekend. Unfollow others. Start believing in ourselves and follow our own path to high productivity and ultimate success.

Thank you.

With kind regards,

HSTeh.